

**Full Prescription Strength. Now Available Without a Prescription.  
CURES ATHLETE'S FOOT, JOCK ITCH, AND RINGWORM**

ANTIFUNGAL  
**LAMISIL<sup>®</sup> AT<sup>™</sup>** Cream  
TERBINAFINE HYDROCHLORIDE CREAM 1%

**Antifungal**

**What is Lamisil<sup>®</sup> AT<sup>™</sup> Cream?**

Lamisil AT Cream is a non-prescription treatment for athlete's foot (tinea pedis), jock itch (tinea cruris) and body ringworm (tinea corporis). Lamisil AT Cream contains terbinafine, which belongs to a class of antifungals previously available only by prescription. It is now available to you without a prescription at full prescription strength.

**What are athlete's foot, jock itch and ringworm?**

Each of these conditions is an infection of the outer layer of skin caused by fungus.

**Athlete's foot** can occur between the toes or on the bottom or sides of the foot. The symptoms of athlete's foot may include redness, painful cracking of the skin, an annoying itching and/or a burning sensation. You may also see blisters.

**Jock itch** occurs in the genital area and can also spread to the top of your legs. The symptoms of jock itch may include scaly, reddish, ring-shaped patches, which tend to form complete rings with raised borders.

**Ringworm** occurs in ring-shaped patches on the skin of your face, body, arms, and/or legs.

**How is Lamisil AT Cream different from other non-prescription antifungal products?**

Lamisil AT Cream treatment is only **1 week** for athlete's foot between the toes, jock itch and ringworm, and **2 weeks** for athlete's foot on the bottoms or sides of the foot.

**Who can use Lamisil AT Cream?**

Adults and children ages 12 and over can use Lamisil AT Cream. For children under 12 years of age, ask a doctor.

**Will I experience side effects while using Lamisil AT Cream?**

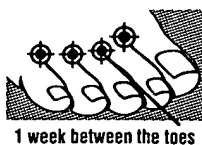
Side effects are rare and are like the symptoms of the skin disease you are treating. If you experience an increase in the redness, itching, burning, blistering, swelling or oozing of the skin, stop applying this product and see a doctor.

**How should I apply Lamisil AT Cream?**

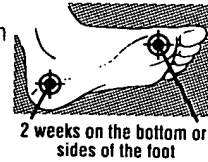
First, wash the infected skin and surrounding areas with soap and water and dry completely. Do not cover the treated skin with any bandages. Wash your hands with soap and water after touching the infected skin so that you do not spread the infection on yourself or to others.

**For athlete's foot** wear well-fitting, ventilated shoes. Change shoes and socks at least once daily.

**If athlete's foot is present between the toes only:** apply between the toes and surrounding areas twice a day (morning and night) for **1 week** or as directed by a doctor.



**If athlete's foot is present on the bottom or sides of the foot:** apply to the bottom or sides of the foot and surrounding areas twice a day (morning and night) for **2 weeks** or as directed by a doctor.



**For jock itch and ringworm** apply to the infected skin and surrounding areas once a day (morning or night) for **1 week** or as directed by a doctor.

**Will the symptoms disappear when I stop using Lamisil AT Cream?**

Many get relief from their symptoms after 1 week of treatment. Apply cream as directed. Your skin may continue to show some of the signs of infection described above until the outer layer of the treated skin naturally replaces itself. Skin replacement takes longer on some parts of the body than others. If you do not see any improvement within 4 weeks for athlete's foot or within 2 weeks for jock itch and ringworm, you should see a doctor.

**Can I use Lamisil AT Cream on any part of my body?**

Lamisil AT Cream should not be used:

- on nails or scalp
- in or near the mouth or the eyes
- for vaginal yeast infections

**Can I give this skin infection to others?**

Yes. Fungal infections can be spread by the bathtub, shower, clothing or towels. Regularly use a disinfecting cleaner for the tub or shower. Wash clothing and towels with detergent, bleach and hot water to help reduce the spread of infection.

**Can I do anything to avoid getting another fungal skin infection?**

Yes. Athlete's foot, jock itch and ringworm can be spread by direct contact with infected skin or objects such as towels, floors, or showers. Bathe or shower daily with warm water and soap. Be sure to dry completely, especially your feet, the areas between your toes, and your genital area. Do not use the same towel to dry infected and noninfected areas, and wash towels with detergent, bleach, and hot water. Wear clean cotton socks and clean underwear every day. If possible, do not wear the same pair of shoes every day.

If you have questions about Lamisil AT Cream please call toll-free,

**1-800-452-0051**  
24 hours a day,  
7 days a week.

Novartis Consumer Health, Inc.  
Summit, NJ 07901-1312  
©2000

